



## Carryduff Colts FC Covid-19 return to play protocols

This will set out protocols to be adhered to by all coaches, players and parents/guardians. These are in line with all IFA and NI executive guidelines which **everyone** must be familiar with. These can be found at

<https://www.irishfa.com/news/categories/coronavirus>

<https://www.nidirect.gov.uk/articles/coronavirus-covid-19-regulations-guidance-and-what-they-mean-you>

All members must be registered with the club before they attend any club activity. The club will implement a 1-way system for arriving and departing training.

All coaches and players will have their hands sanitized when arriving for both training & matches.

At lough moss the check in will be outside the club's container. Players and parents/guardians must keep to the right hand side of the cones on entry (grass side) and must return to the car park on the left (pavement side).

At Cooke players and parents/guardians must enter training by the left of the car park (beside the cricket net) and return to the car park by the footpath on the opposite side. (1 way triangle system)

### **Coaches**

- Coaches MUST only allow registered members for the 2020/21 season to participate in training/matches. Due to risk of infection and to enable Track & Trace the club has a strict member only policy. This MUST be implemented by head coaches. Players MUST be registered & have submitted their online Health Questionnaire prior to attending each training session/match.
- Coaches must advise players where the designated entry point is to ensure everyone attending is recorded. For lough moss everyone must enter by the carpark and pass the container where the check in desk will be located.
- On arrival each year group must nominate coaches/volunteers to record on the registration sheet each individual member that is attending. Those nominated must put their name at the bottom of each training list. This will give the club a record of who attended for track & trace should any confirmed case arise. At this point each player must also have their hands sprayed with sanitizer.
- Registration sheets must be returned to the club Covid officer every 2 weeks.
- No spectators are allowed at pitch side for training or matches. Parents/guardians are only allowed to attend if required to transport players under 18.
- As of 21st July a maximum of 30 people are allowed on a standard full size pitch. This is the total for players & coaches combined.
- First Aid – All efforts should be made to maintain social distancing and allow players to self- treat; where this cannot be achieved please ensure gloves and face masks are worn.
- Avoid use of bibs where possible.
- All equipment – balls, cones, goal post etc. must be cleaned after each training session/matches.
- Coaches must ensure social distancing is being adhered to during any drinks breaks and explanations.
- Coaches will spray all hands at the mid-point (or at a drinks break) of any training session and at the end before all players depart training.

## **Players**

- Players MUST be registered members with the club for the 2020/21 season before they attend training/matches. Due to risk of infection the club has a strict member only policy. This will be implemented by head coaches so that track and trace can be implemented if needed in the future.
- Players must NOT attend training/matches if they or anyone in their household have been diagnosed or are displaying any symptoms of Covid 19. Each member MUST have submitted their online Health Questionnaire before arriving for each training/matches. Failure to do so will result in being turned away from training/matches.
- The Health questionnaire link is <https://www.carryduffcolts.club/view.php?id=55166>
- Players must wash their hands before they arrive for training/matches.
- On arrival players must enter by the designated entry point where their attendance will be recorded and hands sanitized.
- Players must ensure they have had their hands sanitized before they depart.
- All players are encouraged to bring their own sanitizer if possible.
- All players are encouraged to self-treat to maintain social distancing.
- Players must not share water bottles and should place their drink a safe distance from others so that others will not unnecessarily lift the wrong drink. All bottles should be clearly labelled with name and year group.
- Please do not bring an unnecessary extra items to training/matches – extra bag, own football, etc
- Players must not car share.

## **Parents/Guardians**

- Parents/Guardians MUST have registered their children with the club for the 2020/21 season before they attend training. Due to risk of infection risk the club has a strict member only policy. Non-members will not be allowed to participate should they arrive at training/matches.
- Parents/Guardians MUST NOT send children to training/matches if they or anyone in their household has been diagnosed or are displaying symptoms of Covid 19. Parents/Guardians MUST have submitted their child's online Health Questionnaire before arriving for training/matches. Failure to do so will result in your child being turned away from training/matches.
- The Health questionnaire link is <https://www.carryduffcolts.club/view.php?id=55166>
- Parents/Guardians MUST explain to their child that they are to keep a safe distance during any explanations or drinks breaks. No handshakes, high fives etc.
- Parents/Guardians must ensure children wash their hands before they arrive for training/matches.
- Parents/Guardians must arrive at the designated entry point where their child's attendance will be recorded. At this point hands will also be sanitized.
- Please send personal sanitizer with your child if possible
- Parents/Guardians Must ensure their child arrives with a drink that is clearly labelled with their name and year. Children must be instructed not to share their drink under any circumstances.
- Please do not send any unnecessary extra items to training/matches - extra bag, own football, etc
- No spectators are allowed at pitch side for training or matches. Parents/guardians are only allowed to attend if required to transport players under 18.
- Children must not car share with another family.